



Women Rise & L.E.A.D.

**Leadership Empowerment &
Advanced Development for Personal & Professional Radiance**



**An Innovative Training to Empower Women to Radiate Illumined Leadership
into their Organizations, Communities, & Families
& out to Every Edge of the Earth**

Take the L.E.A.D. & Shine



Be Empowered! *Be Unshakeable!*



- » Be a Beacon of Authentic Leadership in Every Area of Life
- » Align with your Noble Core Values and Unique Vision
- » Activate Whole-Brain Brilliance

Be amazed! Self-Reflection Skills for Genius Solutions and Breakthrough Thinking.

- ★ Inspire Clear Communication and Enriched Relationships - Everywhere
- ★ Step into your Power, Passion & Purpose
- ★ Take your Rightful Place as a Top Leader in Your Organization
- ★ Celebrate the Whole-Life Balance of Personal Fulfillment and Professional Excellence
- ★ Increase your Focus and Organization in every area of Life
- ★ Reduce Stress & Resolve Conflict
- ★ Be a Catalyst of Harmony & Peace
- ★ Be Who You Are! Magnify your Strengths and Create Radiant Success that Ripples Out into the World



***Tackle the Big Stuff with Renewed Vision
& Chart a Clear Powerful Plan Forward***

L.E.A.D. *Illumined*

You Hold the Whole World in Your Hands

MODULE ONE: Illumined Influential Leadership

Light the way forward as you Lead Yourself First

- » Step Boldly into the Balanced Behaviors of an Illumined Leader.
- » Activate Genius Thinking & Brilliant Solutions with Mind-Kinetics®.
- » Radiate greater Peace, Balance, Optimism and Amped-up Inspiration!



MODULE TWO: At the Heart of Understanding

Nurture Compassion & Awareness of Yourself, FIRST ... and then Others

- » Learn insightful Self-Reflection exercises and Connect with your Highest Intuition.
- » Confidently Lead with Your Own Authentic, Vibrant Voice.
- » Deeply Root into your Noble Core Values & Strengths and Flourish.

MODULE THREE: Enhanced Relationships

Be a Role Model of Honesty and Caring for the People in your Life

- » Acquire profound Skill & Insights that will forever Uplift all of your Relationships.
- » Confidently Communicate your True Feelings & Get to the Heart of the Matter.
- » Be a Bridge to Resolve Conflict & Foster Peace at Home, at Work and Everywhere.

MODULE FOUR: Inspire a Coaching Culture

Stellar Skills for Team Building & Empowering Others to Shine

- » Elevate Yourself and Others with Innovative Solutions to achieve every Goal.
- » Easily Remove Unconstructive Roadblocks & Subconscious Blind Spots.
- » Experience & Share Whole-Life tools to build confidence, Courage & Success.

Three Easy Ways to Learn

1. On-site at your organization. Four-day program, customization available.
2. Public program. Gather your friends and colleagues and join a public program.
3. Distance Learning. Two hour classes. One class/week. 15 classes.

Coaching and Leadership Solutions

Leading Change with Logic and Heart

Since 1991, Coaching and Leadership International Inc., headquartered in Canada, has been transforming lives, businesses, and the coaching and leadership industries around the globe, Leading Change with Logic and Heart. Join us to Uplift yourself & others and LEAD the way forward Empowered & Inspired.



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